

CLAIMS

1/ An element suitable for being ingested, comprising at least one air-passing channel (3) making it possible to avoid choking in the event of being swallowed the wrong way.

2/ An element according to claim 1, wherein the channel (3) is cylindrical or substantially cylindrical.

3/ An element according to claim 2, wherein the channel (3) has a diameter lying in the range 0.5 mm to 6 mm, preferably in the range 1 mm to 4 mm, and more preferably in the range 2 mm to 3 mm.

4/ An element according to any preceding claim, wherein said element is a medicine for taking orally.

5/ An element according to claim 4, wherein said element is a tablet.

6/ An element according to claim 4 or 5, wherein said element is a coated tablet.

7/ An element according to claim 6, wherein the coating covers the walls of the air-passing channel (3).

8/ An element according to claim 4, wherein said element is a capsule.

9/ An element according to claim 8, wherein the capsule comprises an outer skin in the form of a tubular element that is closed to form a loop.

10/ An element according to any one of claims 1 to 3, wherein said element is a foodstuff.